



## 2009 Summer Program

### Leagues, Camps and Ongoing Position Training

**All Programs are at The MAC**  
located in Lewisville near Vista Ridge Mall

**June Camp: June 15-18**

**July Camp: July 13-16**

Elementary, Middle School, High  
School and Elite Sessions

**Leagues: May 18 - June 29**

5th, 6th, 7th, 8th, and 9th Grade Leagues

Phone: 214/505-8255

[www.DallasSynergy.com](http://www.DallasSynergy.com)

Dallas Synergy Volleyball Club  
Post Office Box 3353  
McKinney, TX 75070

### **Volleyball Camps for All Ages & Levels**

The **Volleyball Camps** will emphasize the fundamental skills required for all levels of volleyball players to succeed. Each camp includes video analysis. Our Elite Camp includes 45-minutes of Agility Training each day. Each camp will be 4 days of instruction (Mon-Thur). The Camps are at **The MAC** in Lewisville near Vista Ridge Mall. Map is on our website.

**June Camp - June 15-18**

**July Camp - July 13-16**

Elementary Camp is from 9:00am to 11:00am (\$100)

6th-8th Camp is from 9:00am to 12:00noon (\$150)

High School Camp is from 1:00pm to 4:00pm (\$150)

Elite Camp is 1:00pm to 4:00pm (\$150)

More information is on the website under **CAMPS**.

### **Monday/Wednesday Volleyball League**

We offer leagues for 5th grade thru 9th grade. This league (\$150) includes ten nights of practice and competition. Each league night includes 45-minutes of training and 45-minutes of competition. It culminates with a one-night tournament. The league starts Monday May 18 and ends on Monday June 29. No league play is scheduled for Memorial Day or for the last week of school. More information is on the website under **LEAGUES**.

### **Ongoing Training & Private Lessons**

We offer private lessons and ongoing training sessions for all positions and for players of all ages. We have team training, setter training, ball-handling, etc. More information is on the website under **ONGOING TRAINING**.

### **Volleyball Training for 2nd-5th Grade**

If you have a 2nd-5th Grader interested in volleyball, please e-mail Ronda at [ronda@DallasSynergy.com](mailto:ronda@DallasSynergy.com).

[www.DallasSynergy.com](http://www.DallasSynergy.com)

## Waiver of Liability and Hold Harmless Agreement

In consideration for receiving permission to participate in The Dallas Synergy Summer Program and other valuable consideration, I hereby RELEASE, WAIVE, DISCHARGE, and COVENANT NOT TO SUE Dallas Synergy Volleyball, The MAC, their officers, agents, or employees (herein after referred to as RELEASEES) from any and all liability, claims, demands, actions, and causes of action whatsoever arising out of or relating to any loss, damage, or injury, including death, that may be sustained by me, or to any property belonging to me, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES, or otherwise while participating in such activity, or while in, on, or upon the premises where the activity is being conducted or in transportation to and from said premises.

To the best of my knowledge, I can fully participate in this activity. I am fully aware of the risks and hazards connected with the activity including but not limited to the risks as noted herein, and I hereby elect to voluntarily participate in said activity, and to enter the above named premises and engage in such activity knowing that the activity may be hazardous to me and my property. I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by me, or any loss or damage to property owned by me, as a result of being engaged in such activity, WHETHER CAUSED BY NEGLIGENCE OR RELEASEES or otherwise.

I further hereby AGREE TO INDEMNIFY AND HOLD HARMLESS the RELEASEES from any loss, liability, damage or costs, including court costs and attorney's fees, that may incur due to my participation in said activity, WHETHER CAUSED BY NEGLIGENCE OF RELEASEES or otherwise.

It is my expressed intent that this Release and Hold Harmless Agreement shall bind the members of my family and spouse (if any), if I am alive, and my heirs, assigns and personal representative, if I am not alive, shall be deemed as a RELEASE, WAIVER, DISCHARGE, AND COVENANT NOT TO SUE the above named RELEASEES. I hereby further agree that this Waiver of Liability and Hold Harmless Agreement shall be constructed in accordance with the laws of the State of Texas.

I UNDERSTAND THAT THE PARTIES LISTED ABOVE WILL NOT BE RESPONSIBLE FOR ANY MEDICAL COSTS ASSOCIATED WITH ANY INJURY I MAY SUSTAIN.

I further agree to become familiar with the rules and regulations of Dallas Force Volleyball concerning camper conduct and not to violate said rules or any directive or instruction made by the person or persons in charge of said programs and that I will further assume the complete risk of any activity done in violation of any rule or directive or instruction.

I also understand that I should and am urged by Dallas Force Volleyball to obtain adequate health and accident insurance to cover any personal injury to myself, which may be sustained during the program or the transportation to and from the said program.

**IN SIGNING THIS RELEASE, I ACKNOWLEDGE AND REPRESENT THAT** I have read the foregoing Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute the Release for full adequate, and complete consideration fully intending to be bound by the same.

IN WITNESS WHEREOF, I have hereunto set my hand on this \_\_\_\_\_ day of \_\_\_\_\_, 2009

Participant's signature (required)

Parent or Legal Guardian's signature  
(also required for participants under 18 years of age)

## Medical Information

Name of Camper: \_\_\_\_\_

Sex: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Please give the name of your health/accident insurance carrier(s) and appropriate policy certificate number:

Name of Carrier \_\_\_\_\_

Certificate Number \_\_\_\_\_

Name of Carrier \_\_\_\_\_

Certificate Number \_\_\_\_\_

Does this camper have any chronic or acute medical problems? (circle one) Yes No

If Yes, please explain: \_\_\_\_\_

List any allergies to food, pollen, or medicine:

List any medications being taken at present:

## Medical Release

My daughter has permission to attend a summer volleyball program at The MAC. I fully realize that injury or illness could result from or during participation in the camp. In case of such accident or illness, I give permission for my child to be given medical treatment as deemed appropriate. I will assume responsibility for any medical bills incurred by my child at a local hospital.

Parent or Legal Guardian Signature Required \_\_\_\_\_ Date \_\_\_\_\_

Grade in Fall 2009: 4 5 6 7 8 9 10 11 12

T-Shirt Size: YM YL S M L XL

## Summer Program Registration Camper Application - Circle Program

Player Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_, Texas Zip \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Name of Parent \_\_\_\_\_

Best Phone \_\_\_\_/\_\_\_\_-\_\_\_\_

E-Mail \_\_\_\_\_

School Attending in Fall \_\_\_\_\_

**June Camp:** Elem(\$100) MS(\$150) HS(\$150) Elite(\$150)

**July Camp:** Elem(\$100) MS(\$150) HS(\$150) Elite(\$150)

**League:** Team (\$150/player) Individual (\$175/player)

**If you register as a team of eight or more players, then include a list of the other players.** If you register for League as individual, then please make plans to attend a workout on Wednesday May 13 to be placed on a team. Check website for times.

If you register for at least two of these at the **initial time of registration**, then you may claim a \$50 discount.

Amount Enclosed: \$ \_\_\_\_\_

Tuition is nonrefundable if you are granted a spot. Complete this page and mail it with check to:

**Dallas Synergy Volleyball  
PO Box 3353  
McKinney, TX 75070**

**Payable to Dallas Synergy Volleyball**